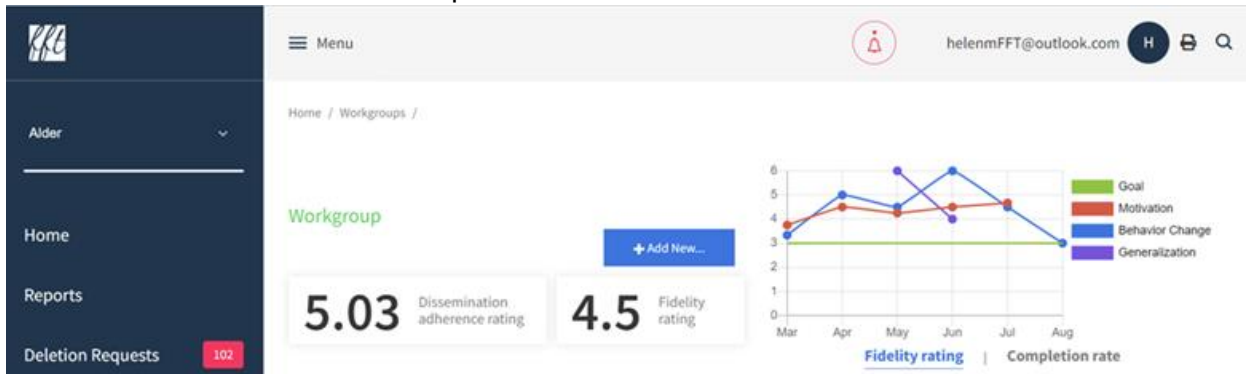




Clinical Services System (CSS)

The CSS is a web-based application developed and provided by FFT LLC to support and guide therapists in adhering to the FFT model. The system includes progress notes, assessment instruments, and a reports section that identifies family changes and outcomes. Utilization of the CSS is required for all therapists and supervisors in order to remain a certified FFT team.

Here is a screenshot of the therapist dashboard of the CSS:



The CSS has 4 areas of data entry:

1) Basic Client/Family Information

- Completed one time at beginning of treatment
- Average time to complete this section: 5 min

2) Assessments

- Majority completed pre and post treatment
- Average time to complete this section: 5 min per assessment

3) FFT Contact Notes

- Quick documentation of outreach or brief interactions
- Average time to complete: less than 5 min

4) FFT Session Notes

- Reflective section where the therapist documents each session and plans for the next. Basic content automatically carries over to simplify data entry
- Average time to complete: 10-20 min depending on treatment phase / therapist skill

"The CSS serves as a roadmap by guiding and asking for specific clinical interventions utilized throughout sessions, allowing me to become more proficient in delivering FFT and increasing my clinical adherence and competence. It helps me always have a plan for what I'm going to do in the next session while keeping the unique strengths of each family at the forefront. In addition, the CSS allows me to measure clinical and family outcomes, which helps me know if I'm having an impact on the family. " - FFT LLC Supervising Therapist

FFT LLC's API for the CSS

The CSS has an API (Application Programming Interface) available to streamline and simplify data entry between electronic record systems for FFT LLC sites. The API is available to all BH COE teams at no cost. This optional tool allows a provider to electronically download data from the CSS into another database including EHR systems, reducing the burden on staff for the double data entry that is typically required with all EBP usage. This download is HIPPA compliant as the data traveling between the systems is fully encrypted.

"The new API integration with FFT's CSS system has significantly improved the efficiency for our FFT teams at ncgCARE Partners by reducing the need for therapists to enter the same clinical documentation into multiple EHR systems. The API integration has streamlined our workflows, reduced our administrative burden, and now allows our clinicians to spend more time focused on the youth and families they serve." Kevin Freeman, CEO