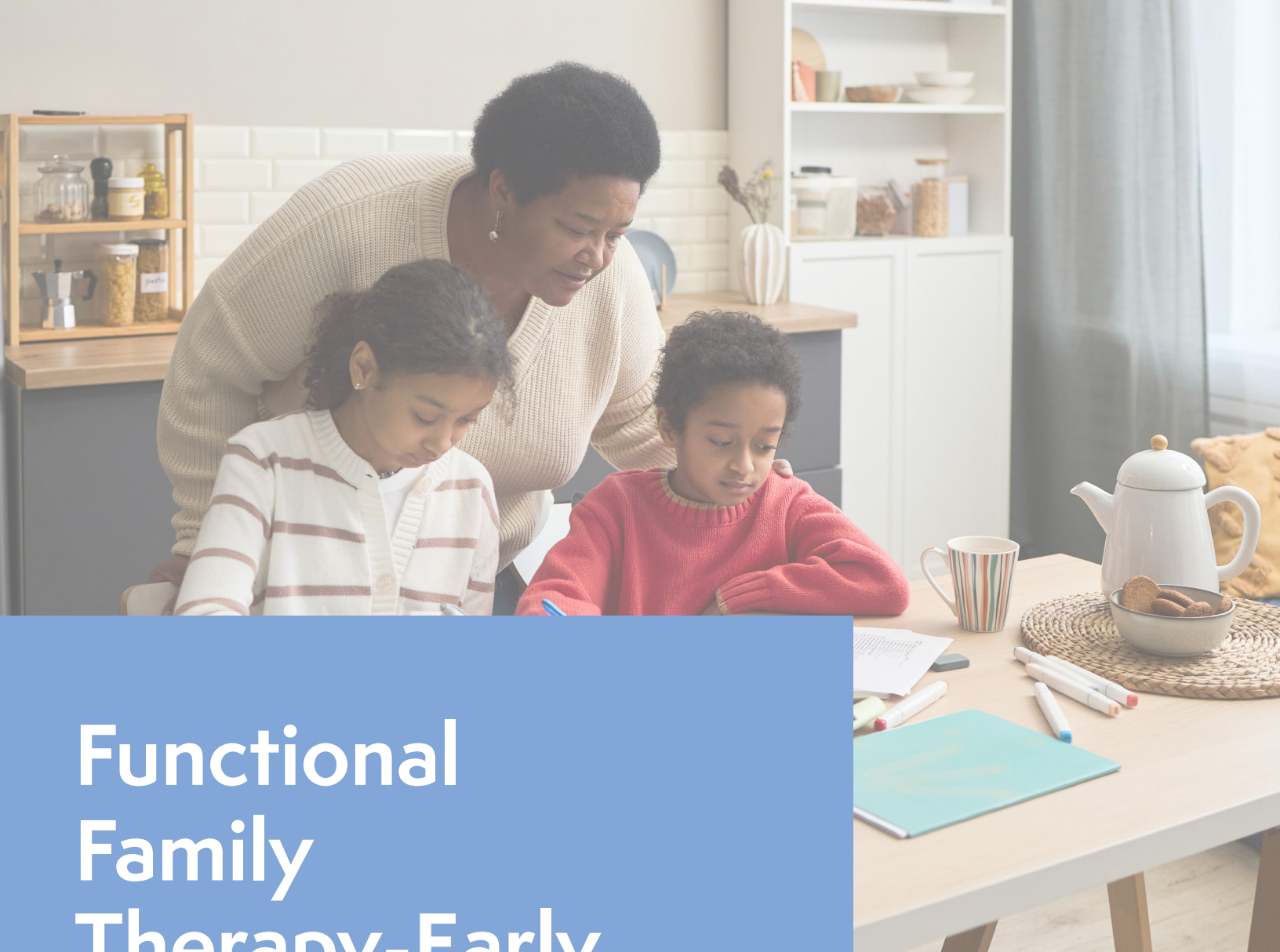




Functional Family Therapy-Early Intervention (FFT-Ei™)

Intervening early. Strengthening families.
Changing futures.

WWW.FFTLLC.COM



Functional
Family Therapy



About FFT-Ei

Functional Family Therapy–Early Intervention (FFT-Ei) is an evidence-informed, family-centered mental health intervention designed for children ages 6–10 and their caregivers. Built on the proven Functional Family Therapy (FFT) model, FFT-Ei intervenes early by strengthening family relationships, supporting emotional regulation, and addressing behavioral concerns before they escalate. Developed to meet the unique developmental needs of younger children, FFT-Ei delivers structured, high-quality support that helps families build stability, connection, and lasting change.

Why early intervention matters: Early childhood is critical for social, emotional, and cognitive development. Without support, challenges can grow and persist, yet many children never receive appropriate care. FFT-Ei closes this gap with structured, high-quality support delivered early and focused on long-term well-being.

Who FFT-Ei serves

Children ages 6-10
with emotional
or behavioral
challenges

Families seeking early,
voluntary mental health
support

Mental health systems
focused on prevention

Communities aiming to
improve long-term child
and family outcomes

Features



Preventative

FFT-Ei is designed as a preventative intervention, helping families address concerns early, reducing the likelihood of later involvement with child welfare, juvenile justice, or more intensive mental health services.



Family-centered

Young children do not experience behavioral or mental health challenges in isolation. FFT-Ei works with the entire family system to strengthen parenting skills, improve communication, and support caregivers in responding effectively to their child's needs.



Sustainable

FFT-Ei is supported by FFT LLC's secure web-based system (CSS) for documentation, assessment, progress monitoring, and fidelity oversight, along with ongoing consultation and supervision to ensure high-quality implementation.

Proven Results

FFT-Ei Early Treatment Outcomes



Of the pilot study cases successfully completed FFT-Ei



of completed cases children remained at home or in the community, with no new law violations



Of youth remained in school and had no intensification of referral problem



Reported no family safety incidents following FFT-Ei

Percentages reflect early FFT-Ei pilot outcomes.

What FFT-Ei helps you do:

Address child behavior concerns

Support children experiencing aggression, emotional dysregulation, school disruption, hyperactivity, conduct problems, and peer difficulties.

Strengthen caregiver skills

Use developmentally appropriate, parent-led behavior change strategies while supporting caregiver functioning and confidence.

Reduce the need for more intensive services

Address concerns early to reduce out-of-home placement risk and help children remain safely at home or in the community.

Improve family relationships

Strengthen communication, parenting skills, family relationships, and conflict management through FFT's structured clinical approach.

**For more
information, visit
www.ffa11c.com**

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